



This resource guide lists community programs, who are part of the 211 resource database, that provide direct basic needs and services such as behavioral health, clothing and household items, employment services, family and parenting, financial support, food, health care, housing, immigration, shelter, and transportation.

For more information: • Visit www.helplinecenter.org • Dial 2-1-1 • Text your zip code to 898211

GENERAL

Helpline Center

• Dial 2-1-1 • Text your zip code to 898211

• Text 211BH to 898211 to receive weekly community information reminders

A 24-hour information, referral, and crisis helpline that provides resource information covering topics such as food, clothing, financial, medical, mental health, employment, shelter, volunteer opportunities, and much more.

National Suicide Prevention Lifeline (NSPL) Online crisis chat: www.suicidepreventionlifeline.org (800) 273-8255

The National Suicide Prevention Lifeline's mission is to provide immediate assistance to individuals in suicidal crisis by connecting them to the nearest available suicide prevention and mental health service provider.

Public Safety

City of Rapid City - Police Department
Pennington County Sheriff

300 Kansas City Street
300 Kansas City Street, Suite 100

Emergency: Dial 9-1-1

394-4131

394-2192

Department of Social Services (DSS)

To Report Child Abuse: (877) 244-0864

To Report Elder Abuse: 394-2525

510 N. Cambell Street 394-2525

TANF, Medicaid, CHIP, Adult Services and Aging, Child Support, and Child Protection Services.

HOPE Center, The

615 Kansas City Street 716-4673

A drop-in day program providing advocacy, telephone/message center, permanent address for mailing purposes, laundry, and a small amount of personal storage for homeless individuals.

Life, INC.

140 North Street 718-5683

A 10-week program with classes on money management, parenting, relationships, nutrition, religion, job searching, and car maintenance. Ability to earn groceries by completing homework. Meal and childcare provided. Application required.

Love INC. of the Black Hills

140 North Street 718-5683

Matches people's needs with an appropriate source of help which may involve a referral to an area agency or assistance by a church volunteer.

United Way of the Black Hills, Rapid City

621 6th Street, Suite 100 343-5872

Helps solve community problems by raising funds for area non-profit organizations. Hosts the Day of Caring, Dolly Parton's Imagination Library, and the Scoop It program.

Volunteer Connections - Helpline Center

529 Kansas City Street, Suite 200

Dial 2-1-1

Connecting you to local volunteer activities that match your interest and the time you have to give.

BEHAVIORAL HEALTH (MENTAL HEALTH / SUBSTANCE ABUSE)

Black Hills Behavioral Health Guide

www.helplinecenter.org

Dial 2-1-1

12 Step Programs (AA, NA, GA, Al-Anon)

Dial 2-1-1

For the most up to date version of this guide please visit: www.helplinecenter.org or scan with your smartphone



Behavior Management Systems

350 Elk Street

343-7262

Offers individual and group counseling for adults, children, and families. Case management and residential services available for adults with major mental illnesses.

Catholic Social Services

529 Kansas City Street, Suite 100

348-6086

Offers individual, marital, family, and group counseling services with a sliding fee scale available.

Crisis Care Center

121 North Street

391-4863

24/7 access to crisis stabilization for individuals 18+ experiencing a mental health and/or substance abuse crisis. Aftercare services include transitional counseling and case management.

Detox - City/County Alcohol Drug Programs

725 N. Lacrosse Street, Suite 300

394-6128

Providing alcohol and drug assessments, outpatient treatment (individual and group), and detoxification.

Face It Together

202 E. Adams Street

519-3104

Providing no-cost addiction management services to help individuals and families stay well from the chronic disease of addiction; and serving as the community's public face and voice for addiction wellness.

Lifeways, Inc.

1010 Ninth Street, Suite 2

716-6555

Providing in school alcohol and drug prevention, early intervention, and treatment needs assessments for adolescents at no cost; outpatient counseling services available at a sliding fee scale.

Lutheran Social Services (LSS)

2920 Sheridan Lake Road

348-0477

Offers a variety of counseling services for individuals, families, couples, or groups with a sliding fee scale available.

NAMI (National Alliance on Mental Illness)

Meeting location: 300 6th Street

(800) 551-2531

Provides practical support group, useful education, and understanding to people who are living and coping with neurobiologically based brain diseases and to their family members. Meets at 7:00pm, 2nd Wednesday of the month, CARE GIVER Family Support Group: 7:00pm, 3rd Tuesday of the month.

South Dakota QuitLine

(866) 737-8487

Provides tobacco users telephone coaching support and quit-tobacco products at no-cost.

Vet Center

621 6th Street, Suite 101

348-0077

Providing no-cost readjustment services including individual, marital, family, and group counseling for eligible veterans.

Wellfully

1205 W. St. James Street

718-4870

Afterschool and residential treatment programs for youth who struggle with addiction and behavioral health issues.

Youth and Family Services

202 E. Adams Street

342-4789

Individual and group therapies for all ages; children's counseling including play, art, and sand therapy available. Substance abuse counseling and 12-hour DUI class available. Sliding fee scale and grant funding may be available.

CLOTHING / HOUSEHOLD ITEMS

Cornerstone Rescue Mission Thrift Store

401 11th Street

716-2768

Offers clothing, furniture, household goods, and more available for purchase.

Club For Boys Thrift Store

960 Cambell Street

341-8878

Offers low cost household goods, clothing, furniture, and more

Goodwill Thrift Store

611 Lindbergh Avenue

737-3955

Offers clothing, furniture, and household items; work clothing vouchers available with referral from a social service agency.

Love INC. of the Black Hills

140 North Street

718-5683

Opportunity to earn household items through volunteer services.

Salvation Army Rapid City Thrift Store

621 E. St. Patrick Street

342-8849

Offers gently used items for sale at bargain prices, vouchers available at the Salvation Army Social Services Center.

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We Care Rapid City Thrift Store 401 E. Boulevard North 716-0256
Offers clothing, household items, bedding, and furniture, vouchers provided as available (identification required).

Western South Dakota Community Action 1844 Lombardy Drive 348-1460
Offers a free clothing center, employment assistance, housing rehabilitation, medical equipment lending, personal care items, school supplies, and thrift store.

EMPLOYMENT

Career Learning Center of the Black Hills 730 E. Watertown Street 394-5120
Offers a variety of education, training, and employment services; including GED preparation and testing.

Goodwill Connection Center 611 Lindbergh Avenue 341-3581
Assistance with job search and preparation, resume building, and interviewing skills.

Love INC. of the Black Hills 140 North Street 718-5683
Offers coaching, mentoring, and independent activities to help participants realize their employment interests, improve skills, and learn unwritten rules of the employment world.

Rapid City Job Service Office 2330 N. Maple Avenue, Suite 1 394-2296
Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying on-line. Workforce training is an employment and training program designed for adults and youth to increase their skills that will result in employment and higher earnings.

FAMILY/PARENTING

Black Hills Special Services Cooperative 730 E. Watertown Street 394-6089
Provides support to families with children birth to three years with identifying needs and accessing community services.

Child Care Services - DSS 510 N. Cambell Street 394-2525
Provides financial help for child care costs for families who are working and/or going to school.

Early Childhood Connections 2218 Jackson Boulevard, Suite 4 342-6464
Offers the Bright Start Responsive Parenting class and referrals to licensed and registered child care providers.

Love INC. of the Black Hills 140 North Street 718-5683
Clothe-A-Kid for School offers the opportunity to earn new school clothing through a \$10 investment or attending classes - sign-up during the first week of June.

Lutheran Social Services - LSS 2920 Sheridan Lake Road 348-0477
Provides home based mental health services for children and families.

Mommy's Closet – Volunteers of America (VOA) 24 E. New York Street 341-8336
Provides case management services to parents and guardians of children under 5 to problem-solve areas surrounding housing, education, employment and general finances. Some diapers, formula, and children's clothing available dependent on community donations.

Women, Infants, and Children (WIC)
Pennington County Office of Child and Family Services 909 E. St. Patrick Street, Suite 7 394-2516
Works to improve the nutritional status of its participants through education and early intervention.

FINANCIAL

Church Response 30 Main Street 342-5360
Assistance available for utility assistance, birth certificates, and picture IDs for the purpose of obtaining employment.

Consumer Credit Counseling Services of the Black Hills 2310 N. Maple Avenue 348-4550
Helps individuals develop a plan to address their financial situation by reviewing income, budget, and current creditors.



Help at your Fingertips...

Dial: 2•1•1

Lifeline - South Dakota Public Utilities Commission

(800) 332-1782

Reduces the cost of landlines in all areas and cell phones in certain areas.

Low Income Energy Assistance Program (LIEAP)

(800) 233-8503

Assists with heating costs: propane and fuel oil July 1 to April 30; electric heat and natural gas October 1 to May 15

Pennington County Health and Human Services

725 N. Lacrosse Street, Suite 200

394-2156

Assists with rent, utility, grocery expenses, and transportation for work and medical appointments.

Salvation Army Rapid City, The

405 N. Cherry Avenue

342-0982

Offers financial assistance with food, clothing, and utilities on a case by case basis.

Society of St. Vincent de Paul

502 Cathedral Drive

718-5896

Offers financial assistance with rent, utilities, clothing, food, transportation, and medications.

Temporary Assistance to Needy Families (TANF)

Department of Social Services

510 N. Cambell Street

394-2525

Rapid City Job Service Office

2330 N. Maple Avenue, Suite 1

394-2296

TANF is an employment and training program designed to assist applicants to prepare for and secure full-time employment leading toward economic self-sufficiency. The Department of Labor and Regulation administers this program together with the Department of Social Services.

FOOD

Church Response

30 Main Street

342-5360

Food pantry available 9:00am - 12:00pm; 1:00pm - 4:00pm, Monday – Friday.

Cornerstone Rescue Mission

30 Main Street

341-2844

Serves 3 meals a day, every day, open to the public. Breakfast: 7:30am, Monday – Friday / 8:30am, Weekends;

Lunch: 12:30pm, Monday – Saturday / 1:00pm, Sunday; Dinner: 6:00pm, Monday – Sunday

Economic Assistance - DSS

510 N Cambell Street

394-2525

Provides SNAP (Food Stamps), TANF, and Medicaid programs for children and low income families.

Feeding South Dakota Food Pantry

1111 North Creek Drive

718-9590

Provides a three to five day supply of food, available once every 60 days.

Feeding South Dakota Mobile Food Pantry

10 Van Buren Street

348-2689

Provides a monthly distribution of approximately 30 pounds of food, date may vary, call for information.

Salvation Army Rapid City, The

405 N. Cherry Avenue

342-0982

Food boxes are provided when available for immediate assistance.

Volunteer Incentive – Partnership with Native Americans

2401 Eglin Street

399-9905

Volunteer in the warehouse to earn points to exchange for household goods, food boxes, personal care items, laundry supplies, and baby supplies in the incentive based points store.

Western South Dakota Community Action

1844 Lombardy Drive

348-1460

Food pantry available to low-income individuals once a month.

Western SD Senior Services, Inc. – MEALS Program

Various locations

394-6002

Weekday lunches to seniors (60+) in nine communities, in congregate settings, and delivered to their homes.

HEALTH

Birthright of Rapid City

2002 Fifth Street

343-1732

Provides women free and confidential pregnancy tests, emotional support, prenatal information, and referrals.

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Community Health Care of the Black Hills

350 Pine Street

Medical Clinic: 721-8939
Oral Health Center: 721-8919
394-2230
721-8985

Homeless Outreach Clinic

30 Main Street

School Based Clinic: General Beadle Elementary

10 Van Buren Street

Primary care and several specialized fields including: well child checkups, physicals, immunizations, preventative medicine, chronic disease management, counseling, and emergency and preventive oral health care.

My Sanford Nurse

(800) 445-5788

A 24-hour phone service for individuals seeking information about a health-related issue or concern.

Native Women's Healthcare

3200 Canyon Lake Drive, Building 31

342-7400

OB/GYN, prenatal care, and family planning for eligible Native American women in Rapid City and surrounding area.

Oglala Sioux Tribe Community Health Representative

3200 Canyon Lake Drive, Building 22

343-7832

Provides health education/counseling, case management, coordination of emergency care, health promotion, disease prevention, transportation, and translation for Native Americans living in Pennington County.

Pennington County Office of Child and Family Services

909 E. St. Patrick Street, Suite 7

394-2516

Baby Care works with pregnant women to offer health advice and teaching regarding their pregnancy and newborn baby. Offers childhood immunizations and flu vaccinations to WIC participants.

Rapid City Regional Hospital

353 Fairmount Boulevard

755-1000

Full-service hospital with both emergency and acute care.

North Regional Urgent Care

1303 N. Lacrosse Street

755-2273

West Regional Urgent Care

2116 Jackson Boulevard

755-2273

Sioux San Indian Health Services

3200 Canyon Lake Drive

355-2500

Provides primary, urgent care, dental, and outpatient mental health service for all ages.

VA Community - Based Outpatient Clinic

3625 5th Street

718-1095

Providing primary care, laboratory, and referrals to veterans.

HOUSING RESOURCES

Cornerstone Apartments

1220 East Boulevard

721-9497

Offers permanent supportive housing for homeless and disabled individuals and families. Case management and referrals/partnerships with area agencies are provided to assist residents to strive for self-sufficiency.

Consumer Credit Counseling Services of the Black Hills

2310 N. Maple Avenue

348-4550

Helps individuals gain and maintain safe and affordable housing through education.

Pennington County Housing

1805 W. Fulton Street, Suite 101

394-5350

Administers various housing assistance programs promoting the development of safe and affordable housing opportunities and encouraging self-sufficiency.

Supportive Services for Veteran Families

30 Main Street

484-9209 or 939-8312

Cornerstone Rescue Mission

Helps low-income veterans who are homeless or facing homelessness with case management and financial assistance.

Fair Housing South Dakota – South Dakota Housing Development Authority

(877) 832-0161

A resource for renters, potential homeowners, lenders, landlords, and other housing professionals to utilize to understand their rights and responsibilities.

South Dakota Housing Search

www.sdhousingsearch.com

(877) 428-8844

A housing locator listing Section 8, market rate, and income based units.



IMMIGRATION / REFUGEE RESOURCES

Community Interpreter Service – LSS

(866) 731-2010

Provides interpretation and written translation to the major languages and other minor, regional or tribal dialects. Able to facilitate on-site interpretation, message relay, conference call, written translation, and video interpretation.

One People Every Nation (OPEN)

939-0274

Provides information on local resources, transportation assistance, and community support through social gatherings, activities, and events.

SHELTER

Cornerstone Mission Shelter

30 Main Street

341-2844

Provides a bed, 3 daily meals, case management, transportation (on a limited basis), laundry, and shower facilities for single men and women.

Cornerstone Women with Children Center

301 Fox Drive

721-7860

Provides a bed, 3 daily meals, case management, transportation (on a limited basis), laundry, and shower facilities.

LSS Arise Youth Center

3505 Cambell Street

716-1837

Provides shelter (up to 21 days) and case management services which attempt to find longer term, stable living options for runaway and homeless youth.

Working Against Violence, Inc. (WAVI)

527 Quincy Street

341-3292

24-hour Crisis Line Toll-Free: (888) 716-9284 24-hour Crisis Line: 341-4808

Emergency shelter for female victims of domestic violence or sexual assault.

TRANSPORTATION

Pennington County Veterans Service Office

725 N. Lacrosse Street, Suite 200

394-2266

Schedules free transportation for veterans that have medical appointments with the Veterans Administration (VA).

Rapid City Transit

333 6th Street

(605) 394-6631

Dial-A-Ride provides curb-to-curb / door-to-door transportation service for qualified riders of the Americans with Disabilities Act (ADA). Goes anywhere within the city limits of Rapid City including Rapid City Regional Airport.

Service is available: 6:20am – 5:50pm, Monday – Friday, and 8:00am - 7:00pm, Saturday.

Rapid Ride provides six routes operating within the city limits of Rapid City. Service frequency is every 35 minutes.

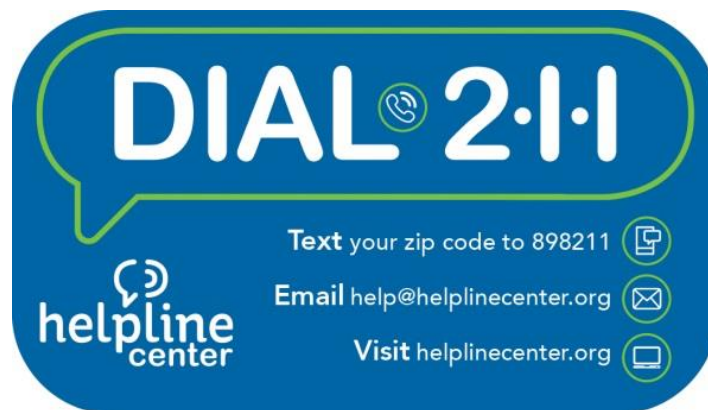
Service is available: 6:20am – 5:50pm, Monday – Friday and 9:50am – 4:40pm, Saturday.

Prairie Hills Transit

2015 Tumble Weed Trail, Spearfish

642-6668

Operating public transit in Pennington Counties with service into Rapid City, Northern Hills, and Southern Hills . Door to door service provided with one business days' notice.



Please contact the Helpline Center to inquire on listing your organization or make changes to your listing.

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